

ITKF EUROPE

# EUROPEAN CUP

Vila do Conde- PORTUGAL



23  
OCTOBER

ITKF  
<http://itkf.global>



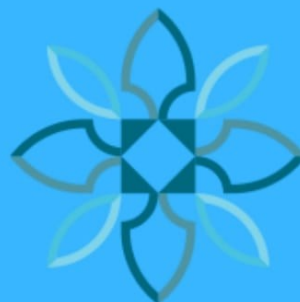
En-bu  
Fuku-go  
Kata  
Kumite  
Ko-go

ITKF  
MASTER COURSE

ITKF  
Traditional Karate  
EUROPE

ITKF

PORTUGAL



Vila do Conde  
CÂMARA MUNICIPAL



## INVITATION

ITKF Europe and FBTP-Federação Budo Tradicional de Portugal (ITKF Portugal) are proudly inviting all traditional karate friends to participate at the international competition

### **1<sup>st</sup> ITKF Europe Open Traditional Karate Cup 2021**

That will be held on **Saturday, October 23, 2021 in Vila do Conde, Porto, Portugal.**



**Vila do Conde**  
**Câmara Municipal**

**Address:**

Pavilhão Municipal Desportivo de Vila Chã  
Travessa do Sol,  
4485-743 Vila Chã  
Portugal

**GPS: 41.297611,-8.731938**

# RULES OF THE EVENT

## Pandemic situation

COVID Vaccination Green Card, or certificate of testing, not older than 48 hours is required from all participants. There will be no testing facilities at the event, but by booking there will be places available to do TESTS for PCR (valid for 72/Hours until destination arrival time) or Antigen (48/ Hours until destination arrival time), for returning home if required. Hand disinfection and body temperature measurement will be required from all participants. The certificate is mandatory so that everybody should feel comfortable and safe, and in order to remove any suspicion or fear of a VIRUS contact.

Please check/confirm all the requirements regarding COVID 19 on [www.traveldoc.aero](http://www.traveldoc.aero) .

## Facilities

The competition will be held in the new sports hall, changing rooms and training facilities for teams will be available. There are several restaurants near the Hall (50/100 meters away), light meals or sandwiches will be available on the spot.



## Application

The applications will be done by the team heads via the online application portal (using individual password, provided by the organizer). The application will require in the first step the input of data for the participating team, club or national delegation. In the second step, all the individual participant data should be inserted in the provided form and in the third step all the individual participants and teams should be registered to different competition categories. The application portal will calculate the total participation fee for each team. The detailed instructions for registration and payment of the fee shall be provided.

## Equipment

All competitors are required to wear a clean white 'karate gi' and the belt they are holding. Participants in kumite are required to wear mouth protectors and protective gloves, other protective equipment, groin and chest protectors are highly recommended.

## Diplomas and prizes

There will be participation diploma for all competitors and a special diploma for places 1-3 in each category, which will be awarded to participants at the award ceremony. There will be no medals or cups due to covid-19 restrictions.

## REGISTRATION OF COMPETITORS

Registrations of competitors older than 14 years (2006 and older) carrying a minimum of brown belt will be carried by team head trainers on the online portal (active from October 1). The final date for registration is October 20, 2021 at 22.00.

[https://reg.openentry.net/itkf/set-online/veranstaltung\\_info\\_main.php?active\\_menu=calendar&vern17#eventhead](https://reg.openentry.net/itkf/set-online/veranstaltung_info_main.php?active_menu=calendar&vern17#eventhead)

## COMPETITION SCHEDULE

### Saturday, October 23, 2021

- 10.00 – Teams accreditations
- 10.15 – Referee meeting
- 10.30 – Heads of teams meeting
- 11.00 – Competition opening ceremony
- 11:15 – Start of competition
- 14.00 – Lunch break
- 15.00 – Continuation of competition
- 17.00 – End of competition

## PARTICIPATION FEES

Category	Fee
Individual categories	5 €
Teams	10 €

Participation fees will be collected by bank transfer or via Paypal payment at latest by October 21, 2021 at 12.00. All details will be published on the online application portal. The full payment of fees is a condition for receiving Team accreditations at the event. No cash payments will be possible at the event.

## REFEREES

The referees for this competition will be participants and graduates of the ITKF European Master Course. The Head referee will be sensei Eligio Contarelli (Italy).

## COMPETITION CATEGORIES

Category	Born	Belt color	Kata individual/team	Kumite ind.
<b>CADETS (male/female)</b>	2006-2007	A – brown/black	Any kata from the list, different kata in each round	Jiyu Kumite, Ko-go kumite, Fuku-go, En-bu
<b>JUNIORS (male/female)</b>	2004-2005	A – brown/black	Any kata from the list, different kata in each round	Jiyu Kumite, Ko-go kumite, Fuku-go, En-bu
<b>YOUTH (male/female)</b>	2001-2003	A – brown/black	Any kata from the list, different kata in each round	Jiyu Kumite, Ko-go kumite, Fuku-go, En-bu
<b>SENIORS (male/female)</b>	2000 and older	A – brown/black	Any kata from the list, different kata in each round	Jiyu Kumite, Ko-go kumite, Fuku-go, En-bu

Note: If the number of applications for category is less than 3, organizers have the right to merge categories based on sex, age or belt.

## COMPETITION RULES

Competition will conduct under ITKF rules as presented on ITKF Global internet page.

DISCIPLINE		COMPETITION RULES
<b>KATA</b>	Individual	<p>Competition will conduct in max 3 rounds:</p> <p><u>Round 1</u>: competitors choose any kata from the ITKF list, best 8 competitors advance to semifinals,</p> <p><u>Round 2</u> - semifinals: competitors should choose a different kata from ITKF list, best 4 advance to finals,</p> <p><u>Round 3</u> - finals: competitors should choose a different kata than in previous rounds, the final result is sum of semifinal and final score. Competitor with lower score in the previous round competes first.</p>
	Team	<p>Deviation of one team member by age is allowed. Such teams are placed in the category of the oldest member of the team.</p> <p>Competition will conduct in 2 rounds:</p> <p><u>Round 1</u>: teams could choose any kata from the ITKF list,</p> <p><u>Round 2</u> - finals: 4 best teams compete, teams should choose a different kata than in round 1, Bunkai is performed in the finals only.</p>
<b>FUKU-GO</b>		Mouth protectors and gloves are mandatory, groin and chest protectors are highly recommended.
<b>EN-BU</b>		<p>The M/M and M/F teams can compete in all categories.</p> <p>Deviation of one team member by age or belt is allowed. Such teams are placed in the category of the oldest member of the team and the highest belt within the team.</p>
<b>KUMITE</b>	Ko-go Kumite	<p>Each competitor has 3 attacks (from one up to max 4 techniques) executed within 10 seconds and 3 defenses, when roles reverse. Other rules from ITKF Jiyu Kumite.</p> <p>Mouth protectors and gloves are mandatory, groin and chest protectors are highly recommended.</p>
	Jiyu Kumite	ITKF rules. Mouth protectors and gloves are mandatory, groin and chest protectors are highly recommended.

## FORMAL COMPLAINTS

Formal complaints on competition procedures are possible at the Main Competition Desk on official complaint form available. Main competition referee will rule on complaint and his decision will be final. Once winners are announced and diplomas are awarded, official complaints will no longer be accepted.